



# "Prayer is how we press our hand into the invisible, and find the hand of Christ reaching back"

~James K.A. Smith.

#### PERSONAL PRAYER LIFE POINTERS:

Carve out a space for prayer in your home & in your schedule; life has a way of filling in unclaimed spaces.

Begin by simply taking time to bask in the awareness that God loves you unconditionally, and desires to pour out on you blessings of peace and strength.

Prayer is a conversation with God. In a noisy world, silence may make us uncomfortable, but embrace its presence, and listen for what God might want to say to you in the stillness.

When words don't come easily, meditating on a song or a passage of Scripture can aid our prayers. The Psalms are especially rich in prayer words.

Be kind to yourself; even 5 minutes are a good start toward a deeper prayer life, helping us orient our day on God's Presence with us.

## PERSONAL PRAYERS FOR THIS SEASON:

This is a time a restarting activities & programs.

What is starting again for you?

How might God be inviting you to participate?

Or what are the barriers to participation
that you would like God to break down?

In what way might God be calling you to begin again
in your personal life?

#### PRAYERS FOR OUR FAITH COMMUNITY:

We pray for the RedbrickKids ministry as it relaunches.

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We pray for a leader to connect with the youth & young adults in our congregation.

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We pray for Rachael Peters, as she steps into the role of worship coordinator again after her parental leave

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We pray for Julie Plunkett, as she begins her position as office administrator.

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We pray for a Church Board chair and treasurer

## PRAYERS FOR THE WORLD:

We pray for the children returning to school, families juggling busy schedules again, young adults heading away from home to university or college.

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As we welcome Betsy Wall, CEO of FIDA to share this us on Sept. 17, we pray for the people of Haiti; for peace, unity, justice and hope.

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We pray for our sister congregation, Dire Gefersa Miserete Kristos Church in Adis Ababa, Ethiopia.

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We pray for the regions of the world affected by severe storms, particularly in this hurricane season.

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We pray that we may be agents of compassion & peace in our neighbourhood in response to disrespect and intolerance.

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We continue in prayer for peace & justice in Ukraine.

# My Prayers throughout the month of September:

